

Say "Ugh" to Drugs

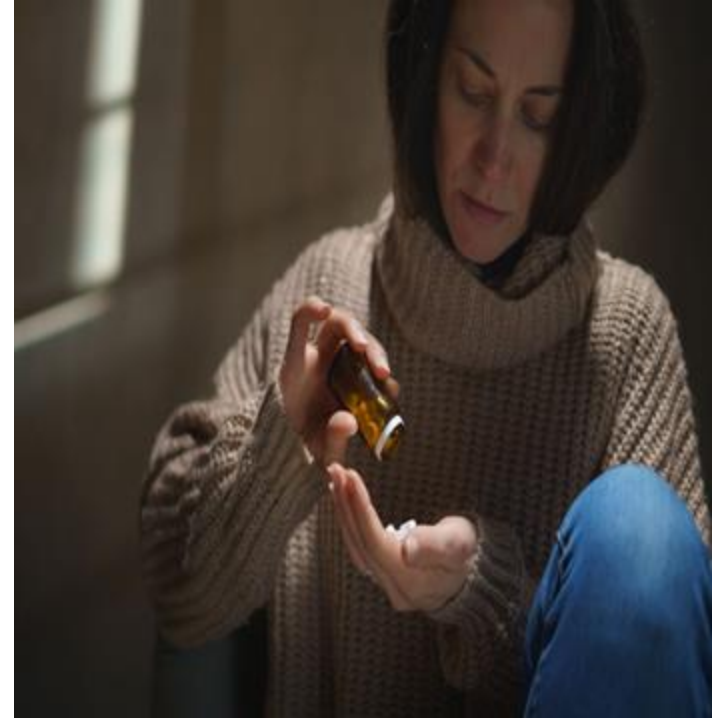


By: Zindzi, Alexander, Samantha, Alison, Trey, David, Ace, Kaiden, Aubrey

The Issue

The issue with drugs is that young people often use them to cope with stress, trauma, or mental illness. In the past three years, they've become 10 times more dangerous due to fentanyl.

Our goal is to educate, and warn the youth about drug addiction by explaining consequences and side effects of drug use. We will show different ways to deal with stress without drugs in Fort Worth.



Take Action

If you know anyone that is suffering from drug abuse, get them help immediately!

How can we help?

Some simple ways to battle drug abuse are

1. Exercise
2. Finding faith
3. Forms of art exp. (Music, Dance, Painting, or Playing a instrument)
4. Emotional therapy

<https://americanaddictioncenters.org/rehab-guide/addiction-statistics-demographics>

Help in Fort Worth

Texas Rehabilitation hospital in Fort Worth

Fort Worth Teen Challenge

Turning Point Recovery Network

TCHAT at JPS Hospital

What We Learned

I SAID "UGH" TO DRUGS   

- Source- [Americanaddictioncenters.org](https://www.americanaddictioncenters.org)
- "About 23% of people who've taken drugs, have ended up homeless reported regular illicit drug use at least three times a week, at some point of their lives."
- "Roughly 48.5% american adults 12 or older suffered from substance abuse disorder "
- "298,000 people aged 12 and older received inpatient treatment for cocaine use."
- "The relapse rate for substance use disorders is estimated to be between 40% and 60%"
- <https://gov.texas.gov/news/post/governor-abbott-highlights-fentanyl-poisoning-deaths-decrease-in-texas>
- over 1,900 Texans died due to fentanyl poisoning from August 2023 to July 2024 compared to more than 2,360 in the previous 12 months.

Resources

Provided Articles

<https://www.ucsf.edu/news/2025/02/429486/how-common-illegal-drug-use-among-people-who-are-homeless>

Provided Articles

<https://www.keranews.org/news/2023-03-31/higher-than-i-thought-it-would-be-tarrant-county-homeless-population-reaches-over-2-700>

Office of the Texas Governor | Greg Abbott

<https://gov.texas.gov/news/post/governor-abbott-highlights-fentanyl-poisoning-deaths-decrease-in-texas>

American Addiction Center

<https://americanaddictioncenters.org/rehab-guide/addiction-statistics-demographics>

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About us

Aubrey- My favorite color is white

Kaiden- Likes to sleep

Ace- Wears a size 14 shoe

David- I am an artist

Trey- I have a 30ft dunk

Alison- I am good at math

Samantha- I am also an artist

Alexander- Fan of Ronaldo

Zindzi- I play soccer