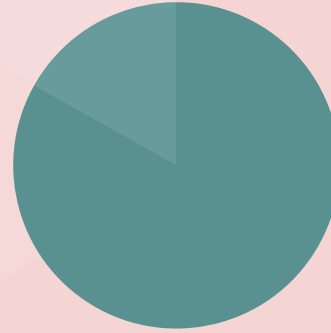


How can schools contribute to their students mental health?

Andy, Camila, Drew, Audrey, Darla, Pablo, Josh, Mateo, Lyla
Counselor: Natalie





The Issue

The main issue is kids mental health.

Root cause: lack of resources

Facts:

- For most kids with mental health issues, there is an average delay of **74 weeks (nearly 1.5 years)** before getting treatment.
- **One in six** youth have a mental health condition, like anxiety or depression, but only **half** receive any mental health services.

To address the root cause we will create a pie chart to spread awareness about kids mental health by providing knowledge of resources, we will help in our community contribute to their students mental health



Take Action



Boys and Girls club of Fort Worth

- We would like to have a community event with the Boys and Girls club. At our event we will tell the parents of students at our schools about kids mental health by having the counselors from the organization talk about the resources available to their kids at schools
- For example at Northwest ISD, counselors reach out to parents and caregivers to inform concerns or provide services once they are aware that a student is in crisis
- We would also like to post our pie charts in schools in our community to spread awareness to the students too





What We Learned

Andy- I learned that the second leading cause of kids mental health issues is bullying

Camila- I learned that being open minded is key in working well together

Audrey- I learned that communicating leads to great paths

Josh- Of kids that have mental health issues, only half will ever receive treatment

Drew- I learned how to properly advocate for myself

Darla- I learned how to put a picture into google slides

Mateo- I learned how to come to consensus

Pablo- I learned about different types of mental health issues



Resources

[Promoting Mental Health and Well-Being in Schools | Mental Health Action Guide | CDC](#)

[Here are the ways Fort Worth schools provide mental health care to students | Fort Worth Report](#)

[Why America Has a Youth Mental Health Crisis, and How Schools Can Help](#)

[Mental Health in Schools | National Alliance on Mental Illness \(NAMI\)](#)