TCU Counseling Program: Clinical Mental Health Counseling 2023-2024 Annual Report

As required for CACREP accreditation, information on demographics of students, enrollment numbers, retention numbers, completion rates, number of graduates, pass rates on the National Counselor Exam (NCE), job placement information, and a summary of program evaluation results and subsequent program modifications is presented in this Annual Report.

Following is the Clinical Mental Health Counseling data for 2023-2024:

Counseling Program Numbers 2023-24						
# of Applicants	74					
# Accepted into program	16					
# Students Enrolled	51					
# of Graduates	13					

Applicant Demographics 2023-24						
Sex:						
Male	12 (2)					
Female	62(21)					
Ethnic Group:						
American Indian/ Alaskan Native	0 (0)					
Asian	2 (0)					
Black	7 (2)					
Hispanic	14 (2)					
Multi-Ethnic	4 (0)					
Not Specified	2(1)					
White	45(14)					

Note: Number in parentheses refers to number of applicants who were offered admission but did not accept/enroll.

The following two tables display demographic information on current students and graduates of the program, respectively.

CMHC Student Demographics 2023-24						
Sex:						
Male	10					
Female	41					
Ethnic Group:						
American Indian/ Alaska Native	0					
Asian	0					
Black	7					
Hispanic	13					
Multi-Ethnic	1					
Not Specified	1					
White	29					

CMHC Graduate Demographics 2023-24							
Sex:							
Male	3						
Female	10						
Ethnic Group:							
American Indian/ Alaska Native	0						
Asian	0						
Black	2						
Hispanic	3						
Multi-Ethnic	0						
Not Specified	1						
White	7						

Retention and Graduation Rates

Retention rates were calculated by TCU's Office of Institutional Research. During the 2023-24 academic year, we graduated 10 students and 17 new students entered the program. Of these 17, 100% remain enrolled after one year. Looking at the past three academic years, 64 students have entered the program, and over 90% remained enrolled after one year. Based on past three years, the cumulative retention is 77.4%. Specific numbers are provided in tables below.

Out of 57 students entering the program in the Spring 2017 through Fall 2021 cohorts, 40 (70%) completed degrees. Of these, 25 students identified as non-White, and 17 (68%) completed degrees.

Retention and Graduation (Cumulative)

Term	Fall	Spring	Fall	Spring	Fall	Spring	Fall	Grand
	2020	2021	2021	2022	2022	2023	2023	Total
# of	13	6	12	6	6	4	17	64
Records								
Enrolled	11	6	11	5	6	4	17	60
after 1								(93.8%)
term								
Enrolled	10	5	11	5	6	4	17	58
after 1								(90.6%)
year								

Enrolled	9	5	11	5	6	4	40
after 1.5							(85.1%)
years							
Enrolled	9	5	9	5	6		34
after 2							(79.1%)
years							
Graduate	0	1	0	0			1
d after							(2.7%)
2.5 years							
Enrolled	9	4	10	5			28
after 2.5							(75.7%)
years							
Graduate	6	1	6				13
d after 3							(41.9%)
years							
Enrolled	3	3	4				10
after 3							(32.3%)
years							

Graduates by Cohort and Completion Term

Cohort	Spring	Spring	Summer	Fall	Spring	Fall	Spring	Summer	Fall	Spring	Total
	2020	2021	2021	2021	2022	2022	2023	2023	2023	2024	
Spring 2017						1					1
Fall 2017	3										3
Fall 2018		2		1	3						6
Spring 2019		2	1			1					4
Summer							1				1
2019											
Fall 2019					2	3	1				6
Spring 2020							1	1		1	3
Fall 2020							6		2		8
Spring 2021							1		1		1
Fall 2021										6	6
Total	3	4	1	1	5	5	10	1	3	7	40

In 2023-24, 10 students graduated from the program.

Full-Time Faculty

During the 2023-24 academic year, there were four program faculty members, including one male from Turkey and three White females. In the past three years, one White male retired in May 2022.

A faculty search for an open-rank professor was conducted in 2023, with a diverse search committee recruiting a diverse applicant pool and reviewing 43 applicants. Of these applicants, three candidates (one Asian-American female and two Latina females) were selected for an on-campus interview. A Latina female was hired at the rank of assistant professor and began employment in August 2024.

Stakeholder Feedback

Feedback was obtained from stakeholders via Qualtrics surveys. Specifically, we obtained feedback from adjunct faculty (n = 1), site supervisors (n = 38), program graduates (n = 12), and current students (n = 40). A link to employer survey was shared via graduates, but none responded to the survey. Program strengths, growth areas, and other information provided by survey respondents were discussed by program core faculty on October 3, 2024. Strengths continue to relate to small class size and emphasis on SFBT. Specific suggestions for content (e.g., trauma, clinical documentation) were considered.

NCE pass rates and Employment/Doctoral Admission

Information was obtained from graduates via Qualtrics survey. Of the twelve graduates who responded, eight had taken their NCE and passed. One graduate reported taking and passing the School Counseling Certification exam. Of those reporting employment in the counseling field, two graduates reported working in a counseling agency, one graduate works in a school setting, four work in private practice settings, and one works in a university setting. No graduates indicated that they had applied for a doctoral program.

Fieldwork

During the 2023-24 academic year, 100% of interested students achieved placement at practicum and internship sites. During the fall term, 12 students enrolled in Internship, and 10 students enrolled in Practicum across 14 different sites. During the spring term, 16 students enrolled in Internship, and five students enrolled in Practicum across 19 different sites.

Evaluation of Student Learning & Dispositions

Student Learning Objectives were evaluated on November 18, 2023, 2023 and March 28, 2024. The core counseling faculty assessed student dispositions and skills throughout the year (on September 21, 2023 and March 28, 2024). For each assessment conducted, a faculty member met with the student to review the evaluation.

Student Learning Objective (SLO) Results

- 100% of students met SLO 8 (re: assessing impact of work environment), SLO 10 (re: group counseling), and SLO 11 (re: ethical research & program evaluation)
- 98% of students met SLO 7 (re: understanding of systemic & environmental factors)
- 97% of students met SLO 9 (re: effective counselor characteristics) and SLO 12 (re: case conceptualization)
- 96% of students met SLO 2 (re: professional ethics), SLO 3 (re: personal and professional reflection) and SLO 5 (re: assessment and intervention skills)
- 92% of students met SLO 1 (re: clinical competence)
- For SLO 6 (passing licensing exam), based on students who participated in the NCC program (N=10), 90% passed the National Counselor Exam. However, 100% of students (N=8) who responded to the Qualtrics survey passed the National Counselor Exam; it is unclear which survey respondents participated in NCC.
- 89% of students met SLO 4 (re: cultural responsiveness). Seven students did not increase MAKSS post-test score in Counseling Diverse Populations course by targeted 15%. However, all students who took course scored high on this Disposition & Skills item.

Response to Program Evaluation Results

On October 3, 2024, after analyzing program data and stakeholder feedback, program faculty discussed the following plans and initiatives:

• To address concerns about diversity of those who enroll, program faculty will continue to recruit with College Advising Corps and look for other avenues to advertise to diverse applicants. Additionally, they will continue discussion with administration regarding student financial assistance.

- Faculty noted that several recommendations have already been implemented with changes to Counseling Interventions and Advanced Skills & Ethics courses; these changes occurred after respondents took the courses However, faculty will add more guest speakers to address areas of interest (e.g., grief) and add practice of CPS reporting to Advanced Skills & Ethics course.
- Faculty are considering addition of new counseling elective course that focuses on TBRI (trust-based relational intervention, a trauma-informed approach) and working with families.