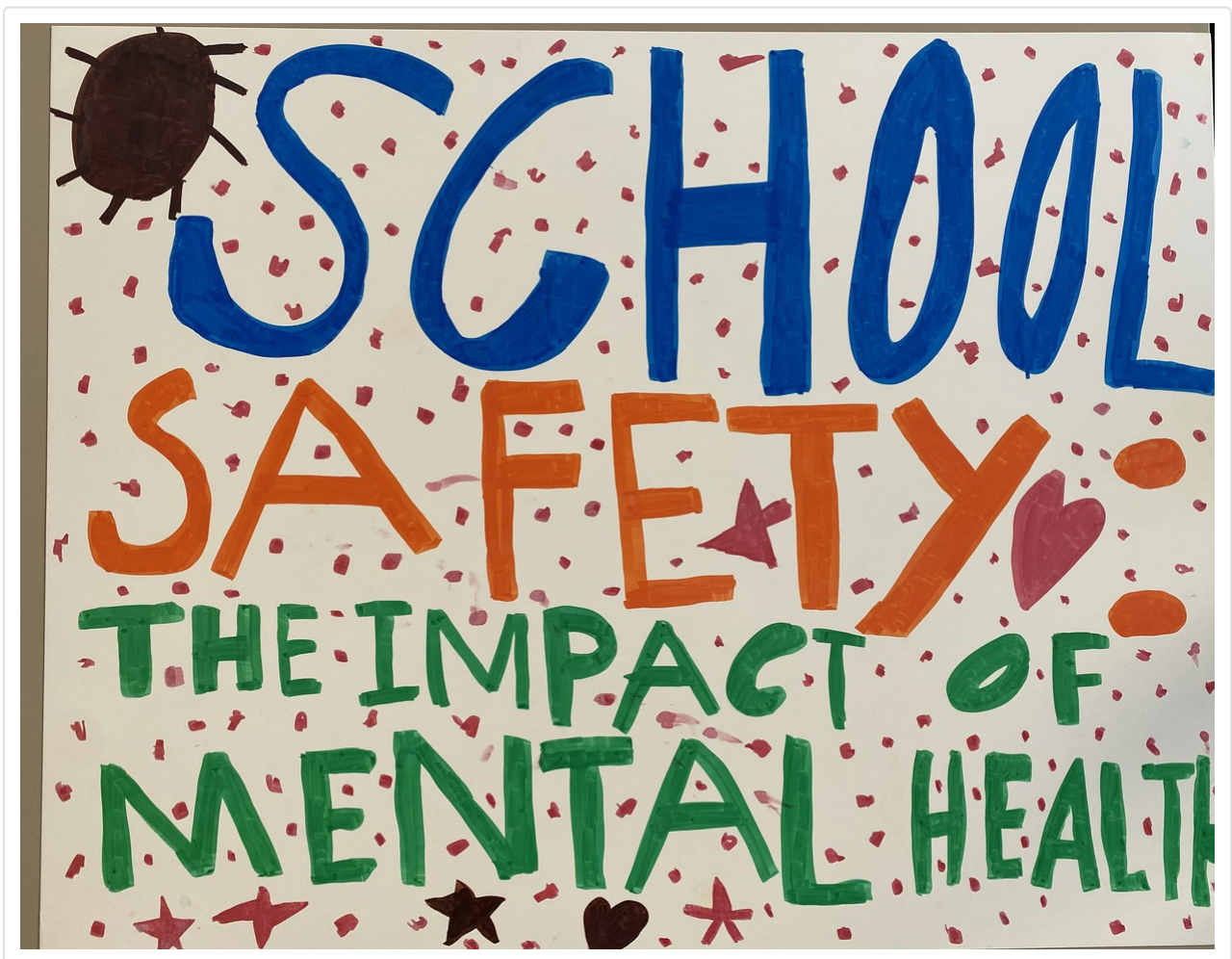# School Safety

The Impact of Mental Health in Students #makeusfeelsafe

The Issue

School safety is an *ongoing community issue* as a result of bullying and traumatic events in peoples lives **increasing the likelihood of violence** in schools.

Root Cause

The increase of **bullying**, our root cause, causes an **increase of mental health problems** for students on campus, which **decreases the safety of schools.**

Evidence
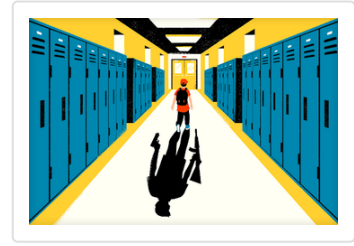
Almost Half

of the people guilty of school shootings reported a history of rejection and bullying

1 of 5

young people end up suffering from mental illnesses and 75% don't get treatment.

The Majority

of school shooters report mental health problems and/or suicidal thoughts.

School Safety: The Impact of Mental Health

Goal Statement

We will bring light to **school safety** regarding the issue of mental health and bullying by creating an awareness campaign with the hashtag **#makeusfeelsafe**. By creating this campaign, we hope to **prevent further unsafe school situations** on school campuses and **increase the knowledge and importance of mental health resources** for students.

Take Action!

INDIVIDUAL:

1. Stand up for your friends when bullying arises.
2. Grab a trusted adult when we witness bullying.

STATE:

1. Program for students regarding mental health and conflict-resolution skills.
2. Ensure counselors/psychologists on school campuses are licensed and certified.
3. Have 1:1 sessions between counselors and students.
4. Training for all staff regarding mental health and warning signs for violence.

NATIONAL:
1. Incorporate more funds for mental health resources for students.
2. Enforcing gun laws and policy.

School Safety Resource

What Did We Learn?

WALT: I learned about mental health and bullying and how that relates to school safety and gun violence. For example, almost half the people guilty of school shootings have reported a history of nulling and rejection.

ISABEL: I learned about what students think about bullying and school shootings as well as how it impacts student's mental health.

CHRISTOPHER: I learned this week how to help more with preventing school shootings in my community as well as ways to help, such as watching out for warning signs.

NEYSA: We need to be able to talk to a trusted adult and feel safe talking to someone as well as help more people that we see are getting bullied.

JACOB: We need more mental health resources to prevent school shootings. If we don't have more access, we may have to suffer more of this.

About Us

Group 5, or **FBI-5**, includes Walt, Isabel, Christopher, Neysa, and Jacob. We chose this issue because **it is an issue close to us** and *we want to feel safe going to school every day* and knowing that we wont be harmed and others.

Sources Used

1. https://www.activeminds.org/blog/the-mental-health-crisis-of-school-shootings/
2. https://edsource.org/2021/social-emotional-learning-can-help-prevent-school-shootings/652876
3. https://violence.chop.edu/types-violence-involving-youth/school-shootings/preventing-school-shootings
4. https://www.npr.org/sections/health-shots/2019/02/10/690372199/school-shooters-whats-their-path-to-violence
5. https://newsela.com/read/mentalhealth-schoolviolence/id/3428/
6. https://www.alfred.edu/about/news/studies/lethal-school-violence/why-do-shootings.cfm