

Mental Health in the Prison System

The mind of violence is influenced not created

Who are we?

Derek, Jordan, Lauren, Janice, and Nicholas

What's the problem?

The lack of attention drawn to mental health in the prison system is because of the uneducated staff in prisons; most who see it, ignore it and sweep it under the rug.

The Issue

The mental health of a prisoner is influenced by the environment that they are living in. When prison staff aren't educated in spotting signs of mental illnesses the prisoners often go unseen and untreated



Evidence

The lack of staff in the prison systems is the main reason that most incarcerated individuals with mental health issues don't get treated for their issues. While these prison systems are understaffed, they also are uneducated and not trained to properly identify these behaviors. Additionally, in a 2014 study published in the American Journal of Public Health found that 26% of inmates were diagnosed with a mental health condition at some point during their lives; of these 26%, only 18% reported taking medication while in prison. Lastly, for those who were taking medication, less than 50% were prescribed medication during their admission.

Mental health in prison



Goal Statement

We will spread awareness to citizens about improper mental health care by creating short videos about the lack of educated staff in the prison systems. This will help staff and the citizens advocate and learn about this problem in the prison systems. If you want to advocate for this issue, please contact your local representatives.

Take Action

If you want to help us, do the following:

- Send out our information as much as you can
- Make and distribute flyers
- Make a commercial
- Make a post on social media
- Advertise it on a bill board
- Contact your local representatives about this issue.

Resources

<https://www.verywellmind.com/mental-health-effects-of-prison-5071300>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4232131/>

<https://www.socialsolutions.com/blog/barriers-to-mental-healthcare-access/>

About Us

CIA; Citizen Independence Association, Mental Health in the Prison System, we are energetic, Jordan, Janice, Nicholas, Derek, and Lauren.

What we learned?

Jordan: "I learned how important our environment is this has taught me to be aware what I do my people."

Nick: "I learned that many things are over looked to save time."

Lauren: "I learned how to advocate properly, cooperate with others, and think about those around me more often."

Janice: "I learned that advocating for what I believe in the most important thing you can do and if you don't t have anything else you have your voice and what you believe in."